



Tooth Decay Risk Assessment

ARE YOU AT RISK FOR TOOTH DECAY? ② YES ① OCCASIONALLY ① NO

- Do you drink liquids other than water more than two times daily between meals?
- Do you feel like you have dry mouth at any time of the day or night?
- Do you take medications daily?
- Have you had tooth decay and fillings in the past?
- Do you have visible white or brown spots on your teeth?
- Do you have any exposed root surface (gum recession)?
- Do you see plaque building up on your teeth between brushings?
- Do you not floss your teeth daily?
- Do you wear any oral appliances?
- Do you smoke?
- Do you have a history of radiation therapy or Sjogren's Syndrome?
- + Do you have heartburn (esophageal reflux or GERD)?
- = **TOTAL POINTS**

SCORE TOTAL POINTS:

0-3 unlikely for active disease:
learn more about prevention

4-7 low suspicion of active disease inflammation:
seek consultation

8-11 moderate suspicion of active disease:
seek consultation

12+ high suspicion of active disease:
get immediate attention

DID YOU KNOW THAT:

- U. S. adults lose 164 + million work hours and children lose 51 + million school hours each year due to dental disease
- Dental decay (caries) is the most prevalent disease affecting children in the U. S., and it is 100% preventable
- 400 + commonly used medications can cause decreased saliva flow, which greatly increases your risk of caries
- Approximately 25% of dental decay is untreated among every age group