



John T. Webster, D.D.S., Inc.
General Dentistry



Periodontal Disease Risk Assessment

DO YOU HAVE PERIODONTAL DISEASE? ② YES ① OCCASIONALLY ① NO

- Do your gums bleed when you brush or floss?
- Do your gums appear red?
- Do you suffer from bad breath?
- Do you have any loose teeth or teeth that have shifted?
- Do you smoke?
- Are there areas on your gums that ever get swollen or sore?
- Do you get food wedged between your teeth?
- Do you see exposed roots at the gum line?
- Are your teeth sensitive to cold?
- Have you ever been told you have "gingivitis", "bone loss", or "gum disease"?
- Has it been more than a year since your last professional dental cleaning?
- + Have your parents or siblings lost teeth due to periodontal disease?
- = **TOTAL POINTS**

SCORE TOTAL POINTS:

0-3 Unlikely host of periodontal disease:
learn more about prevention

4-6 Low suspicion of localized periodontal disease/
inflammation: **seek consultation**

7-10 Moderate suspicion of generalized disease:
seek consultation

11+ High suspicion of generalized disease:
get immediate attention

DID YOU KNOW THAT:

- Gum inflammation is a prime risk factor for heart disease, heart attack, hypertension, and stroke
- Dangerous oral bacteria can migrate through the bloodstream to infect your heart and other vital organs
- Gum inflammation is also linked to Alzheimer's Disease, Diabetes, Kidney Disease, Colon Cancer, and Osteoporosis
- Gum Inflammation puts pregnant women at risk of preterm, low-birth weight babies and other fetal